




THAI CUISINE

APPETIZER

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SATAY (2 skewers)
Marinated in fragrant thai spices served with peanut sauce
Chicken | Beef | Shrimp | Tofu
THAI VEGETABLE COLD ROLLS (2 rolls)
Fresh rice paper rolls stuffed with egg, mango, lettuce, sweet peppers, coriander and carrot served with thai house sauce
SPRING ROLLS (2 pcs)
Vegetable | Shrimp
**THAI SPICY**
Marinated in house thai spices served with thai sweet chili sauce
Chicken Wings | Calamari | Shrimp
**THAI SHRIMP CHIPS**
Fried shrimp chip in thai style served with peanut sauce



Thai Cold Roll





Satay



Tom Yum Soup

SOUP

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Tom Yum
Thai lemongrass soup flavoured with galangal, lime leave, lime juice, cilantro, mushroom & tomatoes
- 

Coconut Soup
Thai coconut soup flavoured with galangal, lime leave, lemongrass, lime juice, mushroom & cilantro
- Small

Medium

Large
- VegetablesChickenShrimpSeafood

SALAD

- 


Mango Salad
Fresh mango tossed with cilantro, sweet onion, sweet pepper, cashewnut and peanut in thai dressing



Mango Salad


RICE


- Thai Fried Rice**
Fried rice with basil leaves, egg and vegetable
Vegetable | Chicken | Beef | Shrimp | House | Seafood


**Thai Pineapple Fried Rice**
Fried rice with basil leaves, egg, sweet pepper and cashew nut smothered in thai seasoning and tamarind sauce
Vegetable | Chicken | Beef | Shrimp | House | Seafood

NOODLE


- Pick your Protein & Noodle: **Add for Khao Soi**
Vegetables | Chicken | Beef | Shrimp
House Special | Seafood

**Pad Thai**
Stir fried thai rice noodle with egg, tofu, thai seasoning, tamarind sauce, sprinkled with roasted peanuts garnished with bean sprout

**Khao Soi****
Fresh egg noodle in a golden coconut milk curry topped with crispy noodles, coriander, green onions and onions

**Curry Pad Thai**
Stir fried rice noodle with egg, coconut cream, curry spices garnished with peanut, bean sprout & vegetables

Glass Noodle
Stir fried glass noodle with egg & vegetable

**Thai Spicy Noodle**
Stir fried thai rice noodle with egg, basil leaves, chilli & vegetables

VEGETARIAN & VEGAN

- **Thai Green Vegetable Curry**
Mixed vegetables and tofu in green curry sauce with coconut milk

**Thai Red Vegetable Curry**
Mixed vegetables and tofu in red curry sauce with coconut milk

**Basil Tofu**
Tofu with mixed vegetables, chilli and basil leaves

**Thai Style Eggplant**
Stir fried eggplant with sliced onions, red peppers and coriander
- **Coconut Cashew Nut Vegetables**
Seasonal mixed vegetables with coconut milk and cashewnut

**Spicy Peanut Vegetable**
Stir fried vegetable with pineapple, mango and tofu in peanut sauce

**Lemongrass Tofu**
Lightly fried tofu with mixed vegetables, pineapple, mango and lemongrass

Thai Mango Tofu
Fried tofu with fresh mangoes and sweet peppers

Basil Mixed Vegetables
Seasonal mixed veggies with basil leaves in garlic sauce

ENTREES (without steamed rice)

- Add a small Jasmine rice and large**

Pick your Protein:
Chicken (white meat) | Fish | Beef
Shrimp | Seafood
- **THAI GREEN CURRY**
With mixed vegetables in green coconut curry and garnished with thai basil leaf

**THAI RED CURRY**
With mixed vegetables in red coconut curry and garnished with thai basil leaf

**SPICY MALAYSIAN CURRY**
With mixed vegetables in malaysian coconut curry

**THAI BASIL**
With garlic, onion, bell pepper, broccoli, basil leaves and chilli

**THAI SPICY CRISPY**
With red pepper slices, onion and cilantro

TAMARIND
Cooked with sweet red pepper slices and onion in tangy tamarind sauce

THAI MANGO
With fresh mangoes, bell pepper, pineapple and basil leaves

THAI LEMONGRASS
Stir fried with lemongrass, pineapple, mangoes and mixed vegetables

**THAI CASHEW NUT**
With garlic, mix vegetables, onions and cashew nuts

**THAI SPICY PEANUT**
Stir fried in peanut sauce with bell pepper, pineapple and mangoes
-
- Green Curry Chicken
-
- Thai Mango Chicken
-
- Thai Cashew Nut Chicken
- SIDE ORDER
- Jasmine Rice

Coconut Rice

Sticky Rice

Peanut Sauce
- HAKKA CUISINE
- APPETIZER
- **SPICY CHICKEN ROLL (2 pcs)**
Curry spiced deep fried chicken wrapped in egg rolls

EGG ROLL (2 pcs)

SPRING CHICKEN

**PAKORA (10 pcs)**
Vegetable | Chicken | Fish | Shrimp

DEEP FRIED WONTON (12 pcs)
Chicken | Shrimp

CHICKEN WINGS (10 pcs)
Deep Fried /  Hot /  Chilli / BBQ / Honey Garlic

CAULIFLOWER (DRY)
 Sweet Chilli/  Manchurian/  Chilli

**SPICY CHILLI POTATO (DRY)**

**MANCHURIAN CORN OR MUSHROOM**

**SPICY PEPPER CALAMARI (DRY)**

GOLDEN FRIED SHRIMP

LOLIPOP CHICKEN (8pcs)

FRIES

CHICKEN NUGGETS AND FRIES

Chicken Pakora

Spicy Pepper Calamari

Hot Chicken Wings

Wonton Soup

ENTREES (with steamed rice)

Change to White Meat (Breaded/non-breaded)

Pick your Protein:
Chicken | Fish
Beef | Tiger Shrimp

Pick your Sauce:

**CHILLI**
Garlic, onions and green chilli in brown sauce

**MANCHURIAN**
Spicy brown sauce with a pinch of ginger and fresh cilantro

**SPICY GARLIC**
With green onions in brown sauce

**GENERAL TAO**
With diced bell pepper & diced onions in house spicy tangy sauce

**SZECHUAN**
With diced onions & bell peppers in spicy Szechuan sauce

SWEET & SOUR
With diced peppers, onions and pineapple in sweet and sour sauce

HONEY GARLIC
Honey garlic sauce

LEMON
Cooked with lemon juice, house honey sauce with a pinch of garlic

**HOT GARLIC**
With garlic, spring onion in tangy/spicy sauce

SWEET GARLIC
With garlic, spring onion and house sweet sauce

Bombay Chicken

Chilli Chicken

General Tao Chicken

Sweet & Sour Chicken Balls

Hot Garlic Shrimp

Crispy Ginger Beef

Spicy Mango

Sesame Chicken

Lemon Chicken

CHEF SPECIALTIES

Pick your Protein:
Chicken | Fish
Beef | Tiger Shrimp

Pick your Sauce:

**ZEN'S SPECIAL (DRY)**
Sautéed with house spices, onions, chillies and cilantro in tangy/spicy sauce

**BOMBAY (DRY)**
Marinated with special spices sautéed with onion, green chillies and cilantro

**CRISPY GINGER (DRY) (WHITE MEAT)**
Lightly battered in sweet & spicy ginger sauce

SESAME (DRY) (WHITE MEAT)
Tossed in house sweet sauce with toasted sesame seeds

**SPICY MANGO (DRY)**
With bell pepper & mango in tangy/spicy sauce

**KUNG PAO (WHITE MEAT)**
Dry red chilli, onion, bell pepper, cashew nuts, broccoli and carrots in tangy/spicy sauce

**SPICY PEPPER (DRY)**
Lightly fried sautéed with onions, bell pepper and spring onions

PINEAPPLE (WHITE MEAT)
With pineapple and diced onions in house sweet and sour sauce

**HYDERABADI 65**
Marinated with spices sautéed with onions, bell peppers and curry leaf in tangy/spicy sauce

SWEET & SOUR CHICKEN BALL (WHITE MEAT)
Chicken ball with our house sweet and sour sauce

CHICKEN SOO GUY (WHITE MEAT)
Lightly battered & Fried boneless Chicken Breast served with Lemon sauce

MOMOS (Dumplings) (Dry)

STEAMED OR FRIED MOMOS

**CHILI MOMOS**

**HOT GARLIC MOMOS**

**MANCHURIAN MOMOS**

VEGGIE

CHICKEN

STIR FRY

(Dishes prepared with White Meat)

Pick your Protein:
Chicken | Fish
Beef | Shrimp

Pick your Sauce:

BLACK BEAN

Stir fried with diced bell pepper in black bean sauce

BROCCOLI

Stir fried with onions, carrots and broccoli

**EGGPLANT**

Stir fried eggplant with sliced onions and green onions with your choice of protein

MIXED VEGETABLES

Stir fried seasonal mix vegetables

**GREEN BEANS**

Stir fried with onion & garlic

SNOWPEAS & MUSHROOMS

Stir fried with snowpeas, mushrooms, onion & carrot

CHOPSUEY

Stir fried bean sprout with carrot slices, onion & green onion

**SPICY MAPO TOFU**

Stir fried mixed vegetables and tofu in MaPo sauce

TERIYAKI

Stir fried with onion & mixed vegetables

BLACK PEPPER

Stir fried with onions, bell pepper and fresh ground pepper

SHRIMP WITH LOBSTER SAUCE

Shrimp with pieces of chopped chicken, onion & green onion in lobster sauce

Green Beans

Chopsuey

Mapo Tofu

Chicken Mixed Veg

Black Pepper Beef

VEGETARIAN

STIR FRY VEGETABLES

Choice of vegetable stir fried with garlic:

**Broccoli**

**Green Beans**

**Snowpeas & Mushroom**

**Chopsuey**

**Bok Choy**

**BOMBAY PANEER (DRY)**

Indian cottage cheese sautéed with onion, green chillies and cilantro

**Zen's Special PANEER (DRY)**

Indian cottage cheese sautéed with house spices, onions, chillies and cilantro in tangy/spicy sauce

**VEGETABLE MAPO TOFU**

Pick your sauce: Garlic

**Chilli** • **Manchurian** • **Spicy Garlic** • **Szechuan** • **Spicy Pepper** • **Hot Garlic**

VEGETABLE BALL

Mixed vegetables bonded together in a sauce of your choice

TOFU

Lightly fried tofu in a sauce of your choice

EGGPLANT

Stir fried eggplant in a sauce of your choice

PANEER

Indian cottage cheese prepared in a sauce of your choice

MIXED VEGETABLES WITH PANEER

In a sauce of your choice

MIXED VEGETABLES WITH TOFU

In a sauce of your choice

Manchurian Veggie Ball

Spicy Garlic Eggplant

Bombay Paneer

Stir Fried Mixed Veg.

 Contain Nuts  Mild  Spicy  Extra Spicy

* * * Please inform us of any food allergy. * * *

gluten free options available

*Most of the main entrée are with sauce. Dry is available upon request

RICE

All non-vegetarian comes with egg, peas, carrot, onion and spring onion
All vegetarian comes with peas, carrot, onion, brocolli and spring onion

EGG FRIED RICE

MUSHROOM FRIED RICE

FRIED RICE

Vegetables | Chicken or Beef or Shrimp | Seafood
House special (Chicken and Shrimp) | Mixed (Chicken, Beef and Shrimp)

SPICY FRIED RICE

Pick your choice of one sauce:
🔥🔥 Manchurian / 🔥 Masala / 🔥🔥 Szechuan / 🔥 Singapore
Vegetables | Chicken or Beef or Shrimp | Seafood
House special (Chicken and Shrimp) | Mixed (Chicken, Beef and Shrimp)

NOODLES

Signature Hakka Noodle (Spaghetti size noodle)
Vegetables | Chicken or Beef or Shrimp | Seafood
House special (Chicken and Shrimp) | Mixed (Chicken, Beef and Shrimp)

SPICY HAKKA NOODLES

Pick your choice of one sauce:
🔥🔥 Manchurian / 🔥 Masala / 🔥🔥 Szechuan
Vegetables | Chicken or Beef or Shrimp | Seafood
House special (Chicken and Shrimp) | Mixed (Chicken, Beef and Shrimp)

CANTONESE CHOW MEIN (Crispy Noodle)
🔥 SINGAPORE NOODLE (Thin Rice Noodle)
SHANGHAI NOODLE (Thick Noodle)
HO FUN NOODLE (Wide Rice Noodle)
VERMICELLI NOODLE (Thin Rice Noodle)
BEAN SPROUT NOODLE (Lo Mein)
SWEET NOODLE (Spaghetti Size Noodle)

Pick your Choice & Style:
Vegetables
Chicken or Beef or Shrimp
House special (Chicken and Shrimp)
Mixed (Chicken, Beef and Shrimp)
Seafood

🔥🔥 CHILI CHICKEN ON FRIED NOODLES*
🔥🔥 MANCHURIAN CHICKEN ON FRIED NOODLES*
BLACK BEAN CHICKEN ON FRIED NOODLES*
BLACK BEAN BEEF ON FRIED NOODLES*

SIZZLERS

Pick your protein:
Chicken | Fish
Beef | Shrimp

Special Chicken Sizzler

Pick your sauce:
• Hot Garlic Sizzler
• Bombay Sizzler
• Zen Special Sizzler
• Sweet Garlic Sizzler



Veg Hakka Noodle



Beef Hofun



Chicken Fried Rice



Manchurian Fried Rice



Singapore Noodle



Szechuan Fried Rice

* Change of noodles has a \$2.00 charge
* * * Please inform us of any food allergy. * * *
Prices are subject to change without notice. Party Trays available. Ask for the details.

** No discount on set dinners. No substitution allowed.
** Set dinners are available for take outs only.
***\$5 charge for dine-in of set dinners.

GYANESE FRIED CHICKEN

Any style (Manchurian/Szechuan/Masala)

Fried Chicken Legs (3 Legs, 12 pcs)
Leg & Back Fried Rice (2 legs, 8 pcs) [Chicken or Beef or Shrimp]
Special Leg & Back Fried Rice [Chicken, Beef & Shrimp]
Leg & Back Chow Mein [Chicken or Beef or Shrimp]
Special Leg & Back Chow Mein [Chicken, Beef & Shrimp]
Wings (8pcs) on Fried Rice [Chicken or Beef or Shrimp]
Special Wings (8pcs) on Fried Rice [Chicken, Beef & Shrimp]
Wings (8pcs) on Chowmein [Chicken or Beef or Shrimp]
Special Wings (8pcs) on Chowmein [Chicken, Beef & Shrimp]
Guyanese Mixed [Rice & Chowmein With 4 wings, 1 leg, & Thigh]



Fried Chicken on Rice

THAI SET DINNERS

Dinner for Two
Vegetable Spring Roll (2)
🔥 Green Curry Chicken
🔥 Chicken with Cashewnuts
Thai Chicken Fried Rice

Dinner for Three
Vegetable Spring Roll (3)
🔥 Mango Salad
🔥 Green Curry Chicken
🔥 Chicken with Cashewnuts
Thai Chicken Fried Rice (1 1/2)

Dinner for Four
Vegetable Spring Roll (4)
🔥 Mango Salad
🔥 Green Curry Chicken
🔥 Chicken with Cashewnuts
🔥 Spicy Crispy Beef
Thai Chicken Fried Rice (2)

HAKKA SET DINNERS

Dinner for Two
Vegetable Spring Roll (2)
🔥 Chilli Chicken
Beef with Mixed Veggies
Chicken Fried Rice
2 Pops and 2 Fortune Cookies

Dinner for Three
Vegetable Spring Roll (3)
🔥 Chilli Chicken
Beef with Mixed Veggies
🔥 General Tao Chicken
Chicken Fried Rice (1 1/2)
3 Pops and 3 Fortune Cookies

Dinner for Four
Vegetable Spring Roll (4)
🔥 Chilli Chicken
Beef with Mixed Veggies
🔥 General Tao Chicken
Sweet and Sour Chicken
Chicken Fried Rice (2)
4 Pops and 4 Fortune Cookies

VEGETERIAN SET DINNERS

Dinner for Two
Vegetable Spring Roll (2)
Vegetable Manchurian Balls
Stir Fry Mix Vegetables
Vegetable Fried Rice (1 1/2)
2 Pops and 2 Fortune Cookies

Dinner for Three
Vegetable Spring Roll (3)
Vegetable Manchurian Balls
Stir Fry Mix Vegetables
🔥 Chilli Paneer
Vegetable Fried Rice (1 1/2)
3 Pops and 3 Fortune Cookies

Dinner for Four
Vegetable Spring Roll (4)
Vegetable Manchurian Balls
Stir Fry Mix Vegetables
🔥 Chilli Paneer
🔥 Spicy Garlic Tofu
Vegetable Fried Rice (1 1/2)
4 Pops and 4 Fortune Cookies



1. Zen's Special Chicken



21. Thai Green Curry



16. Mango Chicken



18. Honey Garlic Chicken



19. Thai Cashew Nut Chicken / Fried Rice



20. Crispy Ginger Chicken / Noodle

* Lunch/Dinner Specials are not available on statutory holidays and special occasions.
No Substitutions please.

SPECIAL FOR 1

Lunch Special until 3pm
Lunch Includes: Steam Rice or Egg Fried Rice
and Choice of Veg Spring Roll or Soup of the day or Selected POP
(Lunch Special | Dinner Special)
Upgrade to Hakka Noodles or Veg Fried Rice
Dinner includes: Steam Rice or Egg Fried Rice and Veg Spring Roll
(Substitute Selected Pop)

SET A

🔥🔥 1. Zen's Special Chicken or Fish (Dry)
🔥🔥 2. Chilli Chicken or Beef or Fish
🔥 3. General Tao Chicken or Fish
🔥 4. Spicy Mango Chicken
🔥 5. Bombay Chicken (Dry)
6. Sliced Beef in Black Pepper Sauce
7. Sliced Chicken in Black Pepper Sauce
🔥🔥 8. Manchurian Chicken or Beef or Fish
🔥🔥 9. Spicy Garlic Chicken or Beef or Fish
🔥 10. Szechuan Chicken or Beef or Fish
🔥 11. Chilli Mix Veg or TOFU or Eggplant or Veg Ball
🔥 12. Man. Mix Veg or TOFU or Eggplant or Veg Ball
🔥 13. Spicy Garlic Mix Veg or TOFU or Eggplant or Veg Ball
14. Chicken Ball (5) (White Meat) or Chicken Wings or Fried Chicken with Egg Fried Rice
🔥 15. Thai Basil Chicken

16. Thai Mango Chicken
17. Sesame Chicken (Dry)
18. Honey Garlic Chicken
🔥 19. Thai Cashew Nut Chicken
🔥 20. Crispy Ginger Chicken or Beef (Dry)
🔥 21. Thai Green or Red Curry Chicken (White Meat)
🔥 22. Thai Green or Red Curry Chicken Veg
23. Lemon Chicken or Fish
24. Shrimp with Lobster Sauce (cooked with minced chicken)
🔥 25. Malaysian Curry Veg/Chicken/Beef
🔥 26. Chicken or Beef with Green Beans
27. Mix Vegetable with Chicken or Beef or Fish
28. Black Bean Sauce with Chicken or Beef or Fish
29. Sweet & Sour Chicken or Beef or Fish
🔥 30. Chicken/Shrimp/Veg Ma Po Tofu

SET B*

🔥 1. Pad Thai Vegetable or Chicken (Choice of Spicy or not spicy)
2. Chicken Fried Rice
3. Vegetable Fried Rice
4. Chicken Hakka Noodle
5. Vegetable Hakka Noodle
🔥 6. Chicken Singapore Noodle (Thin Rice Noodles)
🔥 7. Vegetable Singapore Noodle (Thin Rice Noodles)
8. Chicken Shanghai Noodle
9. Vegetable Shanghai Noodle
10. Chicken HoFun (Wide Rice Noodles)

11. Beef HoFun (Wide Rice Noodles)
12. Chicken Vermicelli (Thin Rice Noodles)
13. Vegetable Vermicelli (Thin Rice Noodles)
🔥 14. Thai Spicy Chicken or Beef Noodle
15. Chicken Cantonese Chow Mein
16. Vegetable Cantonese Chow Mein
17. Chicken in Black Bean Sauce with Fried Noodle
18. Beef in Black Bean Sauce with Fried Noodle

* Steam Rice Excluded

🔥 1. Pad Thai Vegetable or Chicken (Choice of Spicy or not spicy)
2. Chicken Fried Rice
3. Vegetable Fried Rice
4. Chicken Hakka Noodle
5. Vegetable Hakka Noodle
🔥 6. Chicken Singapore Noodle (Thin Rice Noodles)
🔥 7. Vegetable Singapore Noodle (Thin Rice Noodles)
8. Chicken Shanghai Noodle
9. Vegetable Shanghai Noodle
10. Chicken HoFun (Wide Rice Noodles)

11. Beef HoFun (Wide Rice Noodles)
12. Chicken Vermicelli (Thin Rice Noodles)
13. Vegetable Vermicelli (Thin Rice Noodles)
🔥 14. Thai Spicy Chicken or Beef Noodle
15. Chicken Cantonese Chow Mein
16. Vegetable Cantonese Chow Mein
17. Chicken in Black Bean Sauce with Fried Noodle
18. Beef in Black Bean Sauce with Fried Noodle

Upcharge for upgraded drinks.
* No CASH Discount on lunch special orders.
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No Substitutions please.



HakkaLand

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* Take Out
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Business Hours
Mon - Thu 11:30 am - 10:00 pm
Fri 11:30 am - 10:30pm
Sat 12:00 pm - 10:30pm
Sunday 12:00 pm - 10:00pm

Indian Hakka Chinese, Thai & Guyanese Cuisine



OTHER ZEN LOCATIONS TO SERVE YOU:

263 Queen Street West,
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5779 Main St Suite 108,
Whitchurch-Stouffville, Ontario

4091 Thicksn Road North,
Whitby, Ontario L1R 2X3

Lunch Special from \$ 11.99
Scarborough 042024



10% Off
On Cash Pick-Up (Over \$20 before tax)
We accept cards over \$15 only.
Prices subject to change without notice.
12% service charge will be applied for table of five and over.

NO ALCOHOL SERVED

HALAL